



The Lieutenant Governor's Challenge

Be part of the Annual Around the Island Walk

Saturday 18 June 2011



» **What is it ?**

Fancy being part of the Annual Around the Island Walk but don't want to walk all 48 miles in one go? Then read on.

Itex and Rotary de la Manche were delighted to announce a new dimension to the Around the Island Walk in 2007 which gave walkers an opportunity to join His Excellency, the Lieutenant Governor of Jersey, Lieutenant General Andrew Ridgway on a personal challenge to walk around the Island in consecutive stages over four years. Each stage of the Lieutenant Governor's Challenge is walked in parallel with those walkers attempting the full distance in one go. Last year saw the final section of 11.1 miles being completed so we thought that seeing as this Walk was so successful we would start the route again in 2011 and continue it through all four of the stages over the next four years!




This is your chance to become part of one Jersey's great fun days without having to commit to the whole 48 miles in one go. Come and join His Excellency, the Lieutenant Governor on his last Walk before the end of his term of office.

» **When is it ?**

Starts at 0300 hours on Saturday 18 June from the Elizabeth Ferry Terminal. This date has been chosen as it is the Saturday most closest to Midsummer's Day which has the maximum number of daylight hours.

» **Fund Raising**

As in past years, every penny you raise will be donated to local charities. These are just three of the charities we are supporting this year.

 <p>The Abbeyfield Jersey Society Abbeyfield houses provide companionship and an affordable home for older people</p>	<p>The Abbeyfield Jersey Society was set up in 1987. After a great deal of fundraising and with the help of a States Loan, the property Lynton, in Nelson Avenue was purchased. Alterations were made and a new property added in the gardens, Abbeyfield House. There are 11 bedsitting rooms and 5 flats. The first residents moved in in 1990. Abbeyfield provides companionship and an affordable home for older people. It is neither a residential home nor a nursing home. Residents of Abbeyfield enjoy their independence but have the companionship of others, the convenience of having their meals cooked for them and the comfort of knowing help is close by if they need it. Any funds donated to Abbeyfield from the Itex-Rotary Trust will be used to up-grade their bedsits and also provide en-suite showering facilities to each one.</p>
 <p>AGE Concern</p>	<p>Windsor House is a Building of Local Interest and, therefore, has to conform with local Planning requirements. The windows are the originals and the surrounds are in a poor state of repair leaving Age Concern with no alternative but to replace them as soon as possible, it would be cheaper to replace the windows with PVC but only wooden frames are acceptable. With double glazing and new windows their heating bills should be reduced considerably but, of course, they have the initial outlay. Age Concern would like to extend their heartfelt thanks to Itex for choosing them to benefit from the proceeds of the Walk in 2011 which will be of enormous help in providing safety and warmth to older people in their care.</p>
 <p>Silkworth CHARITY GROUP</p>	<p>The Silkworth Charity Group provides help and support to those that suffer from drug and alcohol addiction, along with their families we provide a full range of treatment which gives our clients the tools and skills they need to recover from the effects of their addiction and to start to live a life free from the burden of alcohol and drugs. The charity will use the funds to support the development of a new residential drug detoxification unit and we will also use part of the funds to improve the bedrooms at Silkworth Lodge.</p>

» **Interested ? - Of course you are !!!**

Then please complete the enclosed LG Walk registration form, ticking the LG Challenge box, and return it to Itex before 13 May 2011.

There will be a registration fee of £15.00 (reduced to only £12.00 if you register online) which will help cover the cost of a Walk T-Shirt and a coach from St Catherines to St Helier. Your T-Shirt, together with your walk pack, will be sent to you nearer to the event.

A letter confirming your registration number and your sponsorship forms will be sent to you shortly.

Register now so that you can be one of the mad, energetic individuals - the earlier you register the more money you can raise! So, don't delay either return your completed registration form together with your £15.00 or register online on our website NOW! remember online registration will be reduced to only £12.00) - don't forget the closing date for registration is 13 May 2011!